



# École Élementaire St. Paul Elementary School

**WELCOME BACK! BIENVENUE! TAWOW!**

September 2023

**Office Hours: 8:00 a.m. – 4:00 p.m.**

**Phone: 780-645-3537**

**Absentee: 780-645-2935**

**Text only: 780-614-4612**

**Email: ses@sperd.net**

**Facebook: Ecole Elementaire St.**

**Paul Elementary SPERD**

**Doors open and supervision begins at 8:15am.**

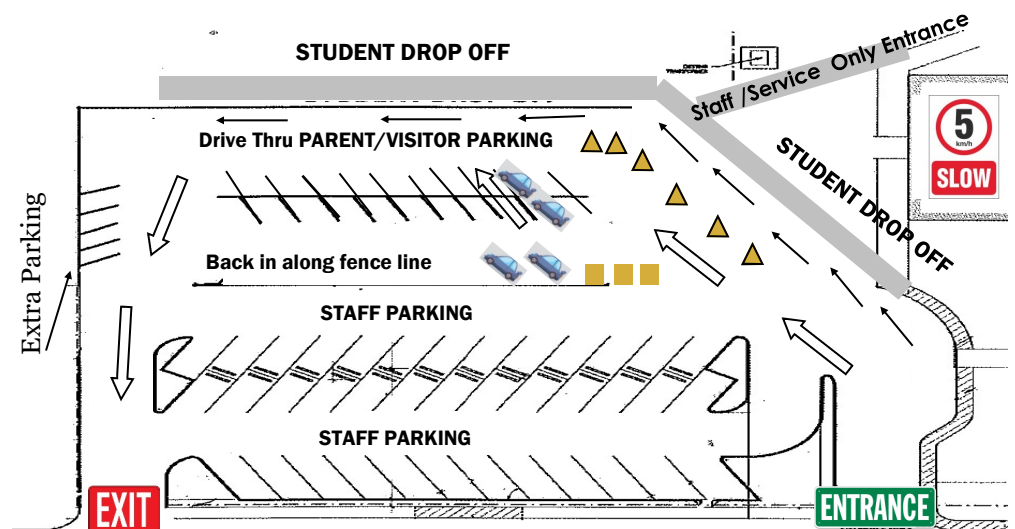


School parking lots can be very busy places in the morning and at dismissal. Please have patience and drive slowly.

**DO NOT** park in the staff parking lot!

## DROP OFF / PICK UP

- ◆ We want to employ some basic traffic safety tips based on many “Kiss & Ride” programs running in other communities. Prior to putting your child in the car, do your kiss goodbye so that you can “Drop & Go!”
- ◆ **Passenger - Exit/entry** of vehicles routines should occur on the **passenger side** of the vehicle in drop off/pick up zones
- ◆ Back into spots along fence line. Drive thru lane parking in center lane!
- ◆ Kids need to follow the sidewalks & pedestrian path.
- ◆ **DO NOT** leave a vehicle unattended in the drop off/pick up zones
- ◆ If you are remaining in your vehicle while waiting for your child(ren) - **pull ahead as far as possible** in the drop off/pick up zone. There are other cars lining up behind you.
- ◆ **Merge carefully** in drop off lane!



## Parents/Guardians & Visitors or Volunteers

**After the first few days of school, hallways are for the students and staff.**

- To minimize disruptions to classrooms and halls, and for safety reasons, parents/guardians **MUST STOP IN AT THE OFFICE** before proceeding down the halls or to a classroom. Visitor and volunteer badges will be provided.
- If parents/guardians simply need to drop off a lunch or other item, it can be left at the office and students will be called down at breaks.
- If parents/guardians wish to speak with a teacher, arrangements should be made in advance.



**Thank you for your cooperation!**



# IMPORTANT INFORMATION

## ADMINISTRATION OF MEDICATION TO STUDENTS

Parents are **REQUIRED** to provide written and signed instruction for the administration of any medications (prescription and over the counter) being taken by students.

All medications taken by students must be stored at the office.

Consent forms are available at the main office and the medication can be given to the staff member at that time.

## BELL SCHEDULE



Supervision Begins.....8:15 a.m.

(Breakfast served until 8:35)

First Bell	.....8:35 a.m.
Announcements	.....8:40 - 8:44 a.m.
Period 1	.....8:44 – 9:14 a.m.
Period 2	.....9:14 – 9:44 a.m.
Period 3	..... 9:44 – 10:14 a.m.
<b>Recess</b>	..... <b>10:14 – 10:26 a.m.</b>
Period 4	.....10:29 – 10:59 a.m.
Period 5	.....10:59 – 11:29 a.m.
Period 6	.....11:29 – 11:59 a.m.
<b>Lunch</b>	..... <b>11:59 – 12:18 p.m.</b>
<b>Recess</b>	..... <b>12:18 - 12:37 p.m.</b>
<b>Homeroom</b>	..... <b>12:40 - 12:57 p.m.</b>
Period 7	.....12:57 – 1:27 p.m.
Period 8	.....1:27 – 1:57 p.m.
<b>Recess</b>	..... <b>1:57 – 2:09 p.m.</b>
Periods 9	.....2:12 – 2:42 p.m.
Period 10	.....2:42 – 3:12 p.m.
<b>Preparation Bell</b>	..... <b>3:12 p.m.</b>
<b>Dismissal Bell</b>	..... <b>3:17 p.m.</b>



**Hot Lunch Information and Ordering  
Instructions will be sent home  
with your child.**

## PARENT SCHOOL COUNCIL

You are welcome to join us...

- Start up meeting **Sept. 19 @ 7:00pm** at the school in the Gathering Area
- Afterwards, every 3rd Tuesday of the month.



# Seesaw Communication

We are a Seesaw App school. Teachers may use this app to share student work as well as to communicate with parents at home.

## Helpful Guidelines

- ◆ Each teacher will send a welcome letter home describing how best to contact them. They will specify their office hours/quiet time from the app. Please know that if you send a message outside of that time, you may not get a response until the next day.
- ◆ Teachers may or may not be able to check messages during the day. The focus is on the students and instruction and there can be many other interactions in the day that would make a teacher not available to check their phone.
- ◆ Messaging apps are best for short and brief messages. If your concern is a conversation versus a simple answer, kindly request for the teacher to phone you.
- ◆ Please be mindful and not message teachers too late in the evening or during weekends and holiday breaks. We appreciate everything they pour into our classrooms and respect that they need a break too.

## IMPORTANT!

Any changes to after school arrangements should be made **before noon** to give the teacher time to see and respond to your message. If you have not received a response from the teacher, contact the office to ensure your message is being received.

## Crosswalk Training for Grade 5 students

Sept. 14, 2023



## Bus Status App



St. Paul Education is pleased to offer a new bus notification system commencing in the 2023-24 school year!

The Bus Status 4 App will replace the Alertus App that was previously used by the division to communicate bus delays and cancellations. The new app will provide families with a faster and more reliable experience when receiving bus notifications.

Bus Status 4 is free to download on Google Play and the App Store.

The status of bus routes will also be displayed on the division and school websites for those without access to a mobile device capable of receiving push notifications, such as a cell phone, or for those who prefer a browser-based experience.

Instructions for downloading the Bus Status 4 App are available [here](#).





### FSLW/Counselling Program

Hi! My name is Mrs. Filipchuk and I am the Family School Liaison Worker/School Counsellor at St. Paul Elementary School. I provide one-on-one support and assistance to students and their families relating to emotional health and wellness. I focus on a variety of areas to support the emotional well-being of the child so that he/she can focus on his/her educational needs and goals.

The following is a small list of some of the issues I can address:

- \*Anxiety/Depression
- \*Loss & Grief
- \*Family Difficulties/Disruptions
- \*Big Emotions
- \*Problem Solving
- \*Conflict Resolution
- \*Confidence Building
- \*Social/Friendship Skills

This year I may provide small group work with students on specific issues and concerns.

I am also an important resource and link to outside agencies when needed. I receive referrals from staff, parents, community members, agencies, peers, or the individual in need. Those who wish to make a referral may contact me by phone or in person at the school. If you have any questions regarding the FSLW program, please contact me at 780-645-3537.

Wishing all students and their families a fantastic school year!



Preparation for the Sacraments of Reconciliation, Confirmation & Eucharist

For children in grades 3+

September 10th

Parent Meeting 10:35am  
in between the Masses in LaRose Hall  
1st class

12:10pm (after 11:00 am Mass)

Registration will take place at the parent meeting.

All sessions are held after 11:00am Sunday Mass.

For more information check out our website [sppc.ca](http://sppc.ca) under Sacraments or contact the parish office 780-645-3033 email: [office@sppc.ca](mailto:office@sppc.ca)

### Integrated School Support Program



The **Integrated School Support Program (ISSP)** is a child wellness initiative providing support to address needs in diverse schools and communities. The goal is to improve the social, emotional, and physical well-being of children ages 5-12. The University of Calgary will be evaluating the impact of ISSP through surveys, which will happen twice yearly. Through ISSP, SPECS has received a full-time mental health professional. **Rachael Upham, Registered Provisional Psychologist**, has joined our team! More information regarding referrals and how to be connected is to be determined. Stay tuned for more details!



2+ weeks of healthy school lunch ideas



[onelovelylife.com](http://onelovelylife.com)

### Success Coach



Hello Everyone!

My name is Jessica Hippisley and I am the SPECS Success Coach. I work as a part of the Mental Health Capacity Building (MHCB) Together We're Better team. We promote mental, emotional and social well-being in children and youth (as well as the adults in their world) through universal and targeted programming.








You will see me in the halls, in many school activities and in the classrooms talking about important things that help us take care of ourselves and each other!





# September

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Upcoming Events:</b> <b>October 3 &amp; 4—Picture Day</b> 					1	2
3	4 <b>Labour Day</b>	5 Day 1 <b>First day of School</b> 	6 Day 2	7 Day 3 <b>Welcome Assembly—1:00 pm</b>	8 Day 4 <b>Opening Mass—10:45 am</b> 	9
10	11 Day 5	12 Day 6	13 Day 1	14 Day 2 <b>Welcome BBQ</b>  <b>4:30-6:30</b>	15 Day 3	16
17	18 Day 4	19 Day 5  <b>Meeting—7:00 pm</b>	20 Day 6	21 Day 1	22 Day 2 	23
24	25 Day 3	26 Day 4	27 Day 5	28 Day 6	29 Day 1 <b>Orange Shirt Day</b> 	30 <b>National Day for Truth &amp; Reconciliation</b>