



École Élémentaire St. Paul Elementary

Live Learn Lead like Jesus
Vivez Apprenez Menez comme Jésus

October 2023

Student Absentee Line:
780-645-2935
or
Text : 780-614-4612

Please phone or text our school office to let us know if your child will not be attending that day or if they will be late.

WE NEED YOUR HELP!

We have been experiencing very high volume of calls at the end of the day for pick up arrangements. Please ensure your child is aware of arrangements with a written note for the teacher to avoid causing anxiety and worry!



Joyeuse Action de Grâce



Heavenly Father,

*On Thanksgiving Day,
We bow our hearts to You and pray.*

*We give You thanks for all
You've done,
Especially for the gift of Jesus,
Your Son.*

*For beauty in nature,
Your glory we see,
For joy and health, friends, and family.
For daily provision,
Your mercy and care,*

*These are the blessings
You graciously share.
So today we offer this response of
praise
With a promise to follow
You all of our days.*

Amen.



PARENTS

IT'S THAT TIME...



**PLEASE USE THE
FRONT DOORS
AND STOP AT THE
OFFICE TO LET US
KNOW YOU ARE
HERE.**

FOR STUDENT SAFETY, TO MINIMIZE DISRUPTIONS TO LEARNING AND TO HELP OUR KIDS DEVELOP INDEPENDENT SKILLS, WE ASK THAT PARENTS NO LONGER COME DOWN THE HALLWAYS WITH THEIR KIDS IN THE MORNING.

**We welcome you into
the school by
volunteering with our...**

- hot lunch program
- special events
- book fairs
- parent council
- fundraising council
- connecting with the teachers

SCHOOL FEES

SCHOOL FEES FOR THE 2023-2024 SCHOOL YEAR ARE NOW DUE. CASH OR CHEQUE PAYMENTS CAN BE MADE ANY TIME AT THE OFFICE OR SIGN UP FOR

SchoolCash Online



Register for SchoolCash Online

Registration is fast, safe, and convenient





As part of the Cree spiritual learning, the smudge ceremony will occur in our school at the beginning of each week and on other special indigenous recognized occasions.



We surpassed our goal and raised \$653.75 for Cancer Research.
Way to Go SPECS!!!



Lifetouch.

PICTURE DAY IS COMING!

Tuesday, October 3rd and Wednesday, October 4th
Ecole St. Paul Elementary



What to Expect:

- Students are photographed on Picture Day
- Pictures are sent home with your child
- Review pictures & purchase on mylifetouch.ca

All students will be photographed. Please notify your child's teacher if you do not want an individual picture taken of your child. Your child may be included in a group picture if requested by the school.
Questions? Contact our Help Center at lifetouch.com/support-ca. Select K-12 School Photography for assistance.



SPECS SCHOOL PICTURE DAYS

Grade levels will have their photos taken on the following days:

Tuesday, Oct. 3
ECS-O, Maternelle, Gr. 1 & 2

Wednesday, Oct. 4
ECS-E, Gr. 3, 4, & 5



THANK YOU!!

St. Paul Co-op for helping with our Meet and Greet Bar-B-Q.



When packing lunch for your children, don't forget the forks and spoons. The school does not provide cutlery for their lunch.



SCHOOL BUS SAFETY WEEK

October 15—21, 2023

- Always sit facing forward
- Follow the bus rules and don't distract your driver
- No eating on the bus
- Be safe and respectful at bus stops
- Drivers must stop when bus lights are flashing
- Keep your school updated about your students' transportation needs



Ecole St. Paul Elementary School

Hot Lunch Program



Hello Parents!

We are making exciting changes to our hot lunch program for the 2023/2024 school year.

Parents/Guardians will now place their hot lunch orders online using **MunchaLunch.com!**

You can now pay for your orders online by credit card (Visa/Mastercard), debit-credit card, pre-paid credit card, cash or cheque.

Please keep in mind when sending payment to school with your child that payment needs to be handed in to the office by the cutoff date.

We are hoping to have the new program up and running for Oct. Please stay tuned for more details. In the meantime please follow the directions below to register.

HOW TO REGISTER:

1. Go to: <https://munchalunch.com/schools/stpaul>
2. Click the "Register Here" button (as shown below). The system will guide you through
3. After adding your children, click the green "Order Lunch!" button to order
4. Next time, just click the "Login Here" button to access your account.



Please note if your child is ill on a lunch date, you are welcome to come and pick up their lunch by 11:45am; otherwise please consider it a donation for a child who does not have a lunch.

Consistent with previous years, there are **NO REFUNDS** as this is a PAC fundraiser. We appreciate your support for our hot lunch program as the funds go towards makerspace, playground equipment, sports equipment, musical instruments and general fundraising within the school.

We are always in need of **Volunteers!** Please email specsfundraising@gmail.com. The lunch coordinator will then contact you with a proposed schedule.

Our thanks to the SPECS parent community for supporting this important fundraiser and to our wonderful Volunteers who help make this program a success!

SPECS Book Fair

SPECS will be holding a book fair on October 24, 25 and 26. There will be displays of books on sale from *Scholastic Book Fairs* as well as from our local **Heaven Sent Christian Bookstore**. The book fair will take place in the Gathering Area. Parents, you can come and shop for books with your child during their scheduled book fair visit with their classmates.

As well, you can stop by the school for evening shopping hours on **Thursday, October 26 from 3:15 until 8:00.**



WE HOPE TO SEE YOU SOON!

October 2nd - 5th



Halloween Activities

We are dressing up for Halloween on **Tuesday, October 31.**

Please keep accessories at home.

Gory/violent/bloody costumes should be avoided



October 8—14, 2023



Thank you to the volunteer parents on our Fundraising School Council who are continuing to raise funds for additional playground equipment. This month's projects are the bacon fundraiser and a family Halloween dance. More details to come on the Halloween dance. We are blessed to have our parent community support!



COME JOIN OUR FUNDRAISER!

Visit: <https://stpaulementaryschool.myteambund.ca>

We are continuing to raise funds to purchase more playground equipment. With increasing enrollment more equipment is necessary. Help us reach our goal by participating in this fundraiser!

Share your personal link with others!

Limited time! Our fundraiser is open until: **October 16th, 11pm**



Gordon's Fresh Medium Bacon 14/16

MEDIUM THICK Gordon's Fresh Sliced Bacon. 14-16 Slices per lb. (~150 slices) 5 Kgs

We are calling all Keto lovers! This is an in-demand + best-selling item from time and time again. Our bacon is loved by many time and time again.

Sold in 11lb boxes, you'll have bacon on hand and demand for everyone on your list to stock up.

- **100% Canadian Fresh Farmers Cut B-A-C-O-N is less expensive than store prices, and everyone loves it!**
- **It is 100% Antibiotic Free! + Gluten Free bacon**
- **Convenient:** The bacon is easy to portion out and freeze. Approximately 14-16 slices in 1 pound. You'll get about 150 slices.
- **Keto-Friendly:** less than 5g of carbs per slice. They are natural carbs so we do not use dextrose or syrup in the curing process.
- **Food Alliance:** Gluten Free. Made in Canada from Olymel in Ontario.
- **No Artificial Flavours. No Artificial Sweeteners. No MSG From Synthetic Sources. No High Fructose Corn Syrup.**

Read our blog post on [10 Recipes to Make with Your Bacon](#).

TF product code **801.0021** Profit margin: **20.00%**

Properties

Weight	11.00 lbs
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Ingredients

Pork, water, salt, sodium phosphate, sodium erythorbate, sodium nitrite, smoke.

Price

\$95.00



NEW* Fresh Sliced Thick Bacon 10/12

NEW* THICK Fresh Sliced Bacon Center Cut 10-12 Slices per lb. (~120 slices) 5Kgs

New Feb 2023! It's hard to beat the fantastic aroma of bacon cooking in the morning! Center Cut!

This is a center cut so you don't get the bacon ends and only the meatier part in the middle. Center-cut is your choice if you're looking for less fat in your bacon.

This fresh bacon is "between" the thickness size of the other two bacon we offer: the extra thick bacon (6/8) and the medium (14/16).

Full of flavour and ready for your next meal. You get 10/12 slices per pound, and it's easy to cook.

100% Canadian Fresh Bacon. This is a center cut.

The bacon is easy to portion out and freeze—approximately 10/12 slices in 1 pound.

11 Lbs of fresh bacon, the sizing may vary from 10-12 slices per pound. **Less than 5g of carbs per slice—And these are natural carbs as we do not use dextrose or syrup in the curing process.**

- Gluten-Free
- No Artificial Preservatives
- No Artificial Sweeteners
- No High Fructose Corn Syrup
- No MSG

Read our blog post on [10 Recipes to Make with Your Bacon](#).

TF product code **801.049** Profit margin: **20.00%**

Ingredients

Pork, Water, Salt, Sugar, Sodium phosphate, Sodium erythorbate, Sodium nitrite, Smoke.

Price

\$95.00



Olymel Fresh Extra Thick Cut Bacon 6/8

EXTRA THICK Olymel Fresh Sliced Bacon. 1/4" thick 6-8 Slices per lb. (~76 slices) 5 Kgs

Extra Thick Naturally Smoked Bacon! This product is gaining popularity as more people try it!

This is beyond Farmer's Cut and is not in your regular grocery store. Sliced at over a 1/4 inch, use it as a replacement for ham and excellent on your BLTI Perfect on eggs, benny or the side of your eggs for breakfast.

Keto-Friendly: less than 1g of carbs per slice—And are natural carbs as we do not use dextrose or syrup in the curing process.

Large 5 KG Box. You'll get about 6-8 slices per pound and have about 68-70 slices. Our family loves it on the weekends. A real treat!

You can bake it in your oven at @375 degrees for 25-30 mins, pan fry it in a cast iron or regular pan or our favourite... **cook it on the BBQ! Gives a pleasant smokey taste.**

Gluten-Free. Made in Canada! This is a fresh product.

No Artificial Flavours. No Artificial Sweeteners. This is a product made from Olymel in Ontario.

No Colour From Synthetic Sources

No High Fructose Corn Syrup. No MSG. Ractopamine Free

TF product code **801.030** Profit margin: **20.00%**

Ingredients

Ingredients
Pork, water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite, smoke.

Price

\$100.00 \$95.00

If you have any questions or are having difficulty ordering, please call or text Stephanie at 780-614-7202. Thank you for your support!



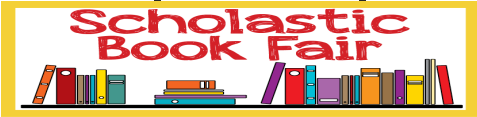


Scan Here to Join





October

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Food Drive Week. 	2 Day 2	3 Day 3 Picture Day ECS-O, Maternelle, Gr. 1 & 2	4 Day 4 Picture Day ECS-E, Gr. 3, 4 & 5	5 Day 5 Thanksgiving Liturgy 1:00— at the church	6 Day PLC Day No School	7
8 Fire Prevention Week	9 	10 Day 6	11 Day 1	12 Day 2	13 Day 3	14
15 National School Bus Safety Week	16 Day 4	17 Day 5	18 Day 6	19 Day 1	20 Day 2	21
22	23 Day 3	24 Day 4	25 Day 5	26 Day 6	27 Day 1	28
						
29	30 Day 2	31 Day 3 Halloween dress-up 	ALL SAINTS DAY—November 1, 2023 Photo Retakes—November 6th at 9:00 a.m. 			

SPECS is an ALLERGY AWARE Zone