



École St. Paul Elementary

FEBRUARY
2024

Live, Learn, & Lead Like Jesus

Vivez, Apprenez, et Menez comme Jésus

Phone #: 780-645-3537

Absentee Line: 780-645-2935

School Cell# 780-614-4612 (text only)

Our Mission:

Working together to live, learn and lead like Jesus so that we grow as servant leaders and lifelong learners.

Lent Begins
February 14th
Ash Wednesday Liturgy will be held
at 9:15 a.m. in the gymnasium

Parent/Teacher Conferences
February 8th
Please book your meeting with your child's
teacher(s) using the link provided in
the email you were sent.

HAPPY
Valentine's Day

For God so
LOved the world that He gave His only begotten
Son, that whosoever believeth in Him should not
Perish, but have
Everlasting
Life.

For God so loVed the world that
He gAVE His
onLy
bE gotten
SoN,
That whosoever
believeth In
Him should Not perish,
but have Everlasting life.

School FEES

REMINDER

School Fees for the 2023-2024 school year are due.

Please make your payment at the office
or access SchoolCashOnline
<https://sperd.schoolcashionline.com/>

ATTENTION PARENTS, GUARDIANS AND VISITORS

It is **EXTREMELY** important that you check in at the office upon entering the school. It is for the safety of all students and staff.



Thank you for your understanding and cooperation!!

WALKING THROUGH GRIEF

10 WEEK GRIEF PROGRAM STARTING THE WEEK OF FEBRUARY 19TH



01. DURING SCHOOL GRIEF SUPPORT

02. DISCUSSION AROUND GRIEF, FEELINGS, HEALING, & SUPPORT

03. SHARE FEELINGS AND EXPERIENCES TOGETHER.

04. GRIEF RESOURCES FOR FAMILIES: WITH EVERY GRIEVING CHILD THERE IS A GRIEVING CAREGIVER

PLEASE CONTACT US IF YOU ARE INTERESTED IN THE PROGRAM

RACHAEL UPHAM
REGISTERED PSYCHOLOGIST
ISSP MENTAL HEALTH PROFESSIONAL
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780-645-3537

JESSICA HIPPISEY
TOGETHER WE'RE BETTER
MHCBC SUCCESS COACH
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Together We're Better
Mental Health Capacity Building in Schools Initiative

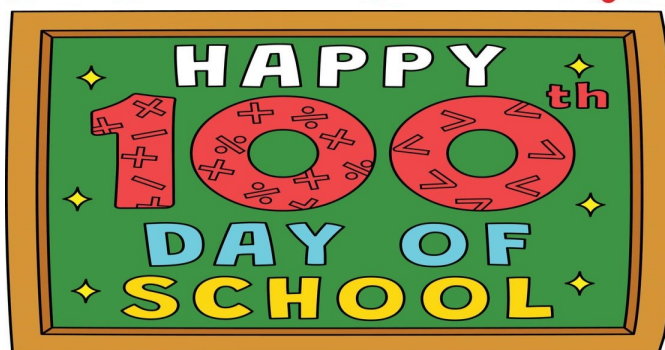


Makerspace Materials Needed

We are in need of paper towel and toilet paper tubes. Donations can be dropped off at the office.

Thank you for all of your help!

February 14th



School Council

Meeting

Tuesday, February 20th

at 7:00 p.m.

All are Welcome!

February 13th

Dress in Red or Pink

Shrove Tuesday is Pancake Day



- Shrove Tuesday is the day when we eat pancakes. This is the last day before the Christian time of Lent.
- In the past Christians did not eat many foods such as milk, eggs and fats during Lent.

- They did not waste food so before Lent began, they had a feast using all the food that would go bad before they could eat it again.
- Pancakes were a dish that used up the foods by adding some flour.

All students will be receiving pancakes for lunch on Tuesday, February 13th.

C'est le mardi gras!

What is LENT?

LENT IS THE 40 DAYS BEFORE EASTER. IT BEGINS THE DAY AFTER SHROVE TUESDAY (PANCAKE TUESDAY) AND ENDS ON PALM SUNDAY.



Christians celebrate LENT to remind them of the time Jesus fasted in the desert.

The symbols OF LENT

- ASHES**
Remind us that God created us from dust.
- PALM LEAVES**
Were laid upon Jesus path as he entered Jerusalem, for goodness and health.
- PURPLE**
The colour worn by royalty and associated with mourning.

Why do we FAST?

FASTING FOR 40 DAYS REMINDS US OF WHEN JESUS FASTED IN THE DESERT.



This is an important time when we give up something important to remind us of the sacrifices Jesus made for us.

What is ALMSGIVING?

ALMSGIVING IS THE ACT OF PUTTING OTHERS FIRST AND GIVING TO THOSE LESS FORTUNATE THAN US. During LENT we focus on prayer and almsgiving.



Shrove TUESDAY

THE LAST TUESDAY BEFORE LENT BEGINS. In the past Christians used this day to eat the food that wouldn't last through LENT.

Pancakes used up the milk, egg and fat, just by adding flour.



Also called PANCAKE TUESDAY

Ash WEDNESDAY

THE FIRST DAY OF LENT



Ashes are placed on the forehead as a sign of the dust from which God made us. It also symbolises the confession of our sins.

SPECS Book Fair

SPECS will be holding a book fair on February 27, 28 and 29. There will be displays of books on sale from *Scholastic Book Fairs* as well as from our local *Heaven Sent Christian Bookstore*. The book fair will take place in the Gathering Area. Parents, you can come and shop for books with your child during their scheduled book fair visit with their classmates.

As well, you can stop by the school for *evening shopping hours* on **Thursday, February 29th from 3:15 until 8:00.**

Hooray for Reading!



We hope to see you soon!



Celebrate Family!

Join us Thursday February 15 at 5 PM for a delicious pancake meal, as we kick off the Family Day long weekend Shiverfest events.

There will be bouncy houses, big games, temporary tattoos and more.

Bring your friends and family as we come together to connect with each other and the community.

Thursday

Feb 15, 2024

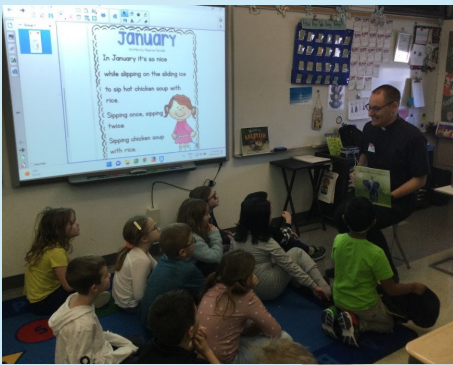
5PM-7PM

St Paul Rec Centre

\$2 per plate












CELEBRATING FAMILY LITERACY WITH SPECIAL GUESTS





FEBRUARY

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Upcoming Events: March 1—PLC Day. No school. March 6—Grade 5 ski trip. March 21—Report cards go home. March 25—29 Spring Break				1 Day 2	2 PLC Day No School 	3
4	5 Day 3	6 Day 4	7 Day 5 World Read Aloud Day 	8 Day 6 Parent/Teacher Conferences Book your appointment online!	9 Day 1	10
11	12 Day 2	13 Day 3 Shrove Tuesday  Valentine's Day Celebration	14 Day 4 Early Dismissal—2 pm 	15 Teachers' Convention No School 	16 Teachers' Convention No School	17
18	19 Family Day No School 	20 Day 5	21 Day 6 Hot Lunch Ordering Opens Feb 21—27	22 Day 1	23 Day 2	24
25	26 Day 3	27 Day 4	28 Day 5 Pink Shirt Day 	29 Day 6		

SPECS is an ALLERGY AWARE Zone